

EDMONTON SCOTTISH UNITED SC PLAYING TIME GUIDELINES

Our Club believes in the power of participation, and has established Playing Time Guidelines for our Programs. Please be mindful that injuries and continuous run of play (i.e. ball not leaving the field of play for long stretches) can impact the coach's ability to fully adhere to these guidelines. Additionally, goalkeepers may be exempt from these rules.

Grassroots Program (Under 4 - 7)

All players in our Grassroots Program receive **EQUAL** playing time in all Festivals / Game Days.

Developmental Program (Under 8 - 10)

Coaches are expected to ensure **EQUAL** playing time for all players on the team.

Competitive Program (Under 11 - 13)

Coaches are expected to afford all players **EQUITABLE** playing time as determined by skill, ability, commitment, attendance and / or other reasonable factors. During the season, each player will receive a minimum of 50% of the total playing time for which they were available. It is expected that every player is afforded multiple opportunities to start matches and experience all moments of the game.

Competitive Program (Under 15 - 17)

Coaches are expected to afford all players **EQUITABLE** playing time as determined by skill, ability, commitment, attendance and / or other reasonable factors. During the season, each player will receive a minimum of 40% (U15) or 33% (U17) of the total playing time for which they were available. It is expected that every player is afforded several opportunities to start matches and experience all moments of the game.

Player Development Program (Under 14 - 17)

Under 14: Coaches are expected to ensure each player receives a minimum of 50% of the total playing time over the course of the season, start no fewer than 40% of the matches for which they are available and experience all moments of the game.

Under 15: Coaches are expected to ensure each player receives a minimum of 50% of the total playing time over the course of the season, and start no fewer than 33% of the matches for which they are available and experience all moments of the game.

Under 16: Coaches are expected to ensure each player receives a minimum of 33% of the total playing time over the course of the season, and start no fewer than 25% of the matches for which they are available and experience all moments of the game.

Under 17: Coaches are expected to ensure each player receives a minimum of 30% of the total playing time over the course of the season, and start no fewer than 20% of the matches for which they are available.

